

All About

Heather Arnold

Favorite Foods & Drinks

FOOD: SUSHI!, anything Mexican, pizza fanatic, cookie fanatic,

Dark Chocolate anything, I love Wildwood sparkling probiotic and Olipop, Coconut BAI, tea of all kinds,

Favorite Colors

Any Ocean colors, purples, burgundy

Favorite Stores

Amazon, Any rock and crystal shop (Earthlight Minerals, Vision Quest Bookstore, The Wishing Stone, Little Shop of Light, and so on!) Nordstrom Rack, Home Goods

Favorite Restaurants

Oto Sushi, Tres Hermanos, Pagliacci, MOD, Crumble Cookie, Five Guys, Broiler Bay

My birthday is

09/28

For fun I...

Paddle board, be in the ocean or lake, read books, work with my sound healing business and crystals, be with my kids

These are a few of my favorite things...

Crystals, singing bowls (crystal and metal), paddle board, reading in the sunshine, silly socks, collecting vinyl records

Food Allergies & Food Dislikes

Green peppers. EW. Just EW.

I'm not a big fan of

Our classroom could always use more...

small treats like smarties, dum dums, tiny prizes or music stickers.

My Family & Pets

Dog Bandit, two boys ages 16 and 20