

all  
about  
**ME**

Name: Heather Arnold 🎵

Favorite color:  
Purple, green, blue

Birthday:  
9/28/72

Favorite foods:

Mexican  
Sushi  
Anything Salt + Vinegar  
Dark Chocolate (especially  
with Peanut Butter  
or caramel)  
Pizza

I like: Roller Coasters,  
extreme weather, decaf  
tea, Rock/Gem/Crystal jewelry,  
Oceans/Lakes/Rivers  
Daisies, anything Celtic

I dislike:

Green Peppers - Ewww  
Heavily scented things  
Oatmeal raisin cookies

Favorite way to  
relax:

Sea Salt Bath  
Coloring or puzzle  
books  
Taking walks  
Shopping 😊  
Playing my crystal  
"singing bowl"

Pets/kids/family: Husband and two  
boys. Bandit the doggo!

Favorite stores:

Target  
Cost Plus World Market  
REI  
Trader Joes  
Any Rock, Gem,  
Crystal store  
Amazon

Favorite place:

Any beach or places with water  
Scotland and Ireland

Hobbies:

Paddle boarding  
Roller skating  
Learning about Rocks/  
Gems/Crystals

What I'm best at:

Talking 😊  
Paddle Boarding  
Teaching  
Singing

What I'm working on:

Backwards roller skating  
Cooking new things for dinner